

ADULT KIT LIST

ESSENTIAL PAPERWORK:

- Travel Insurance and copy of policy (liability, health, and travel insurance).
- Passport with 6 months after expiry date. If not available, bus/train pass as photographic ID or birth certificate

CLOTHING AND ESSENTIALS: The Pelican is well equipped for wet weather sailing gear but please ensure you bring basic warm clothing. It can get really cold when you're sailing, particularly during night watches. Make sure you pack warm clothing. This includes:

- Boots, trainers, or waterproof shoes. Make sure you have two pairs of shoes, just in case one of them gets wet.
- Waterproof jacket and trousers (if you have), and warm sweaters and t-shirts. Pack enough clothing for all types of weather.
- Socks, underwear, and suitable pyjamas.
- Warm base layers.
- Hat or cap, scarf, and gloves. (soft/baggy gloves are not to be worn when rope handling. Leather palmed fingerless sailing gloves are good for rope pulling, but not essential).
- Bathroom toiletries but avoid big bottles and sprays.
- Pocket money for on-board extras and harbour stops -Sterling & Euros.
- Motion sickness medicine.
- Personal medicines to be given to designated member of crew with name on and instructions for when to take.
- Sheet, duvet cover and 2 pillow slips, please **DO NOT** bring a sleeping bag.

EXTRAS: Apart from the essentials you may want to think about bringing:

- Photo camera and film equipment.
- Mobile phone charger- Standard British plug sockets are on board.
- Head torch.
- Crocs.
- Sunglasses and sun lotion.
- Small backpack for when you're in harbour.
- Pen and paper/journal.

PACKING: Once you've decided what you want to bring, the next step is packing. Please do not pack your kit in a hard suitcase but use a soft bag which can be easily stored in your cabin as there is very limited space.

TIPS: You will need to unpack everything into a small locker once you are on board. Stuff bags are a good way of keeping your kit organised. Look for those with waterproof seals – you can put your valuables in them and then in your rucksack for trips ashore.